Employee Assistance Program

It is the policy of the Nevada System of Higher Education to provide an Employee Assistance Program (EAP) that allows employees to access a referral service designed to help NSHE employees and their families through personal difficulties.

The EAP is designed to treat many types of problems and is accessible by phone twenty-four hours a day, seven days a week. The EAP program is a confidential assessment and referral service specifically designed to assist employees and families in handling personal and work-related issues.

The LifeWorks program allows up to three sessions of EAP counseling services per year and *unlimited telephone and online services* at no cost to the employee.

Introducing LifeWorks, your free Employee Assistance Program.

Great Basin College wants to create a healthy, supportive work environment for all of its employees. The LifeWorks program is designed to give employees free, confidential assistance with personal issues, including:

Parenting

Older Adults

Midlife and retirement

LifeWorks can help you:

- Develop your skills as a manager
- Resolve interpersonal conflicts
- Manage difficult employees
- Deal with drug or alcohol abuse
- Promote a safe, low-stress workplace
- Help employees balance work and life

Call or visit the web site today to find out how LifeWorks can help you.

LifeWorks Online: www.lifeworks.com

(user id: NSHE password: EAP)

Or call anytime: 877-234-5151

En español, llame al 888-732-9020

TTY/TDD: 800-999-3004

If you have any questions or require any additional information about the Employee Assistance Program (EAP) contact Human Resources for more information.