

Employee Assistance Program

The LifeWorks program allows up to three sessions of EAP counseling services per year and **unlimited telephone and online services** at no cost to the employee.

Introducing LifeWorks, your free Employee Assistance Program.

Parenting

Older Adults

Midlife and retirement

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Call or visit the web site today to find out how LifeWorks can help you.

LifeWorks Online: www.lifeworks.com

(user id: NSHE password: EAP)

Or call anytime: 877-234-5151

En español, llame al 888-732-9020

TTY/TDD: 800-999-3004